

Health Care and Society in America

Medical History and Bioethics/History of Science/History 504
Mon., Wed. 11-12:15, MSC 3265

Susan E. Lederer, Ph.D.

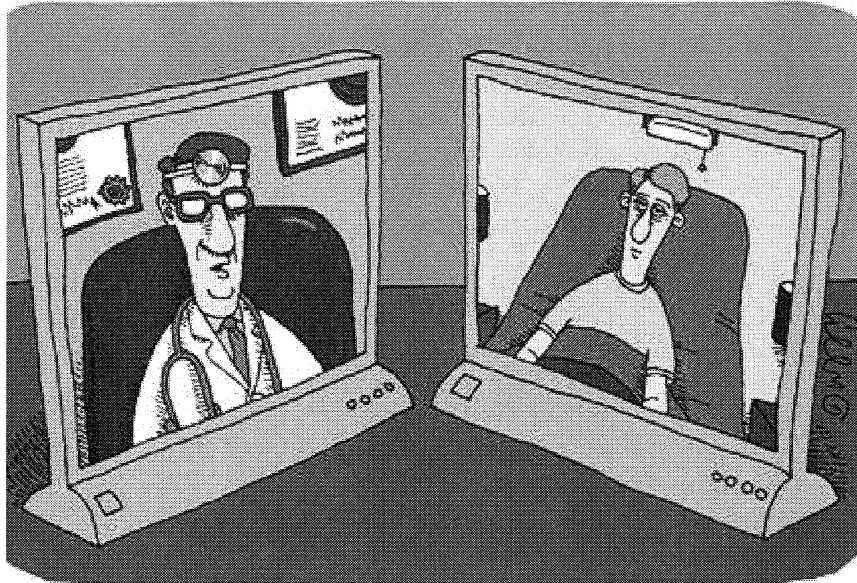
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What is the best way to stay well in the United States, and to whom should we listen as patients, potential patients, and family members? This course looks at the ways in which Americans have tried to maximize their health and longevity through a variety of means, including medicine, doctors and nurses; through alternative practitioners; and through their own efforts to influence their health outcomes. Topics include the rise, fall and rise of medical authority, the development of alternative and complementary medicine and health care, the efforts at health reform, and the health establishment (ranging from gyms, dietary intervention, health clinics, hospitals, etc.) The course focuses on the choices everyday Americans made about their own sicknesses, injuries, and health; and on the sources of information they used to make these decisions.

Course Requirements

Every class meeting will include some lecture material and visual images, but the bulk of our meeting times will be devoted to discussions of the readings. Attendance and *informed* participation are required. Informed participation may include short quizzes, group assignments and brief written essays. Students are also required to take an in-class midterm, a final exam, and to write a final research paper (9-10 pages).

Exams

Both the in-class midterm and the final exam will be short answer tests. The final exam will focus on materials from the second half of the course (although the professor reserves the right to ask about materials from the first half).

Paper

All students will submit a final paper (details will be discussed in class) on some aspect of sickness and health in American history. The paper will be based on both course readings and original research using primary documents. The paper should be 9-10 pages in length (excepting footnotes and bibliography). A one-page description of your paper topic, together with secondary sources and a primary source, is due November 13. The final paper is due in class on December 9. No electronic papers are accepted unless cleared in advance with the professor.

Evaluation (Grading)

The final grade will be determined as follows:

Attendance and Class participation	25%
Midterm exam	20%
Final Exam	20%
Final Paper	35%

Attendance for the course is mandatory. You may miss two classes during the semester for which you will not be penalized and no prior notice is required. If for some reason you miss additional classes, you must communicate to the professor *in advance* that you are unable to be present. Be aware that unexcused absences will lower the grade for class participation.

Student Accommodations

In compliance with the Americans with Disabilities Act, I urge any student with a disability to inform me as soon as possible, so that I may make any necessary accommodations. All such requests are confidential.

Students are expected to adhere to UW policies regarding plagiarism and to assume full responsibility for academic integrity for all coursework. Students also may not submit assignments that they have submitted for credit in other courses.

Course Materials

For undergraduates, there are no required textbooks to be purchased for this course. All the readings and class assignments will be available through the class portal at Learn@UW. If you have any trouble accessing the materials, contact the professor as soon as possible.

Graduate Students

Graduate students enrolled in the course will meet with the professor for a separate grad-only session (at a time/place to be announced). Graduate students will be expected to write a longer paper (25-30 pages) and to do additional readings. They are not, however, expected to take exams.

Schedule

September	4	Introductions
	9	Sickness and Health in Spanish America
	11	Plagues and Poxes
	16	Clergymen and Doctors
	18	Midwives, Mothers and Babies
	23	Blisters and Bleeding
	25	Ebling LIBRARY SESSION
	30	Alternatives to Orthodoxy
October	2	Home Care in the South
	7	Care of the Enslaved
	9	Native American Sickness and Health
	14	Wisconsin Medicine
	16	The White Plague
	21	Review
	23	Midterm Exam
	28	Rural Medicine
	30	Little Patients
November	4	Diet
	6	Drinking
	11	Drugs
	13	More Drugs
	18	Sex
	20	Smoking
	25	Sports
	27	No Class-Thanksgiving

December	2	Death and Dying
	4	Who Will Provide Care?
	9	Paying for Health Care
	11	Conclusions

Reading Assignments

Mon/Sept 9	Sickness and Health in Spanish America
	Rebecca Earle, "If You Eat Their Food. . .": Diets and Bodies in Early Colonial Spanish America." <i>AHR</i> (2010): 688-713.
Wed/Sept 11	Plagues and Poxes
	Paul Kelton, "The great southeastern smallpox epidemic, 1696–1700: the region's first major epidemic." In <i>The transformation of the southeastern Indians: 1540–1760</i> (University of Mississippi Press, 2002), 21-37.
Mon/Sept 16	Clergymen and Doctors
	Matthew Wynn Sivils, "Dissecting the Pamphlet Literature of the Boston Smallpox Inoculation Controversy," <i>Literature and Medicine</i> 29 (2011): 39-57.
Wed/Sept 18	Midwives, Mothers and Babies
	Laurel Thatcher Ulrich, "The Living Mother of a Living Child': Midwifery and Mortality in Post-Revolutionary New England," in <i>Childbirth—Midwifery, Theory and Practice</i> (Garland, 1996), 209-30.
Mon/Sept 23	Blisters and Bleeding
	Paul E. Kopperman, "'Venerate the Lancet': Benjamin Rush's Yellow Fever Therapy in Context," <i>Bulletin of the History of Medicine</i> 78 (2004): 539-74.
Wed/Sept 25	EBLING LIBRARY Session Special Collections Librarian Michaela Sullivan-Fowler, Health Sciences Learning Center

Mon/Sept 30

Alternatives to Orthodoxy

James C. Whorton, "Every Man his Own Physician: Thomsonianism," and "Dilutions of Grandeur: Homeopathy," in *Nature Cures: The History of Alternative Medicine in America* (Oxford University Press, 2002), 25-75.

Wed/Oct 2

Home Care in the South

Steven Stowe, "Conflict and Self-Sufficiency: Domestic Medicine in the American South," in Charles Rosenberg, ed. *Right Living: An Anglo-American Tradition of Self-Help Medicine and Hygiene* (Johns Hopkins University Press, 2003), 147-69.

Mon/Oct 7

Care of the Enslaved

Stephen C. Kenny, "'A dictate of both interest and mercy'? Slave Hospitals in the antebellum South," *J Hist Med Allied Sci.* 65 (2010): 2-47.

Wed/Oct 9

Native American Sickness and Health

Survey of the Conditions of the Indians in the United States. Hearings Before a Subcommittee of the Committee on Indian Affairs United States Senate, 71st Congress, sess. 1, July, 1929, pp. 1877-1892.

James C. Riley, "Smallpox and American Indians Revisited," *J Hist Med Allied Sci* 65 (2010): 445-77.

Mon/Oct 14

Wisconsin Medicine

J.V. Stevens, "Getting Down to Cases," *Wisconsin Magazine of History* 20 (1937): 390-403.

Report of Branch Committee 'D', "Sterilization of Criminals and Defectives," American Institute of Criminal Law and Criminology and of the Wisconsin Branch 4th Annual meeting, August 29-31, 1912, pp. 191-216.

Wed/Oct 16

The White Plague

Mary Ellen Stolder, "Consumptive citadel--the crusade against tuberculosis in Eau Claire County, 1903-1917," *Wisconsin Magazine of History* 77 (1994): 264-94.

Jeanne E. Abrams, "Spitting Is Dangerous, Indecent, and against the Law!" Legislating Health Behavior during the American Tuberculosis Crusade," *J Hist Med Allied Sci* 68 (2013): 416-50.

Mon/Oct 21 Review

Wed/Oct 23 MIDTERM EXAM (in class)

Mon/Oct 28 Rural Medicine

P. Shoemaker and M. Jones, "From Infirmaries to Intensive Care: Hospitals in Wisconsin," in Ronald L. Numbers and Judith W. Leavitt, *Wisconsin Medicine: Historical Perspectives* (U. of Wisconsin Press, 1981), 105-130.

Michael Berger, "The Influence of the Automobile on Rural Health Care, 1900-29," *J Hist Med Allied Sci* 28 (1973): 319-35.

Wed/Oct 30 Little Patients

Matthew Wolf-Meyer, "Now I Lay Me Down to Sleep: Children's Sleep and the Rise of the Solitary Sleeper," in *The Slumbering Masses: Sleep, Medicine, and Modern American Life*. (U of Minnesota Press, 2012), 129-43.

Gerald Grob, "The Rise and Decline of Tonsillectomy in Twentieth-Century America," *J Hist Med Allied Sci* 62 (2007): 383-421.

Mon/Nov 4 Diet

E. Melanie DuPuis, "Angels and Vegetables: A Brief History of Food Advice in America," *Gastronomica* 7 (2007): 34-44.

S.E. Lederer, "Treat with Meat: Patients and Pernicious Anemia in America between 1920 and 1940," in, eds. *Meat, Medicine and Human Health in the Twentieth Century* Ed. David Cantor et al (London, 2010), 47-61.

- Wed/Nov 6 Drinking
- Prohibition Survey of Wisconsin, 1931*
- Jacob Appel, "'Physicians are not Bootleggers': The Short, Peculiar Life of the Medicinal Alcohol Movement," *Bull Hist Med* 82 (2008): 355-86.
- Mon/Nov 11 Drugs
- David Coutwright, "The Hidden Epidemic: Opiate Addiction and Cocaine Use in the South, 1860-1920," *J South Hist* 49 (1983): 57-72.
- Marcia L. Meldrum, "The Prescription as Stigma: Opioid Pain Relievers and the Long Walk to the Pharmacy Counter," in *Prescribed* (Johns Hopkins University Press, 2012), pp. 184-206.
- Wed/Nov 13 More Drugs
- Robert Bud, "From Germophobia to the Carefree Life and Back Again: The Lifecycle of the Antibiotic Brand," eds. Andrea Tone and Elizabeth Watkins, *Medicating Modern America: Prescription Drugs in History* (NYU Press,) 17-41.
- Mon/Nov 18 Sex
- Ronald L. Numbers, "Sex, Science and Salvation: The Sexual Advice of Ellen G. White and John Harvey Kellogg," in *Right Living*, 206-226.
- Eunjung Kim, "How Much Sex is Healthy?: The Pleasures of Asexuality," in *Against Health* eds. Jonathan Metzl and Anna Kirkland (NYU Press, 2010), 157-69.
- Wed/Nov 20 Smoking
- Allan M. Brandt, "The Cigarette, Risk, and American Culture," *Daedalus* 119 (1990): 155-76.
- Mon/Nov 25 Sports
- Daniel S. Goldberg, "Mild Traumatic Brain Injury, the National Football League, and the Manufacture of Doubt: An Ethical, Legal and Historical Analysis," *Journal of Legal Medicine* 34 (2013): 157-91.

Wed/Nov 27	Thanksgiving—no class
Mon/Dec 2	Death and Dying Janet Golden and Emily K. Abel, “Modern Medical Science and the Divine Providence of God”: Rethinking the Place of Religion in Postwar U.S. Medical History,” <i>J Hist Med Allied Sci</i> (2013): 1-24.
Wed/Dec 4	Health Care Providers J. F. Cawley, “Origins of the physician assistant movement in the United States,” <i>Journal of the American Academy of Physician Assistants</i> 25 (2012): 36
Mon/Dec 9	Paying for Health Care Jill Quadagno, “Why the United States Has No National Health Insurance: Stakeholder Mobilization against the Welfare State, 1945-1996,” <i>Journal of Health and Social Behavior</i> 45 (2004): 25-44. “Health Care Reform and the Presidential Candidates,” <i>NEJM</i> 367 (2012): 1377-81.
Wed/Dec 11	Conclusions