

FALL 2009 WORKSHOPS AT THE EXPLORATION CENTER



Choosing a Major: This one-session workshop provides suggestions for beginning the process of choosing a major and helps answer the questions What is a Major? Why do I need one? Once I choose a Major, then what? This workshop is geared toward **freshmen** who are completely undecided.

Tuesday, October 6	3:30-5:00pm	or
Wednesday, October 14	3:30-5:00pm	or
Monday, November 9	3:30-5:00pm	or
Wednesday, November 18	3:30-5:00 pm	

Career Exploration: This **4-session workshop** focuses on your personality style, interests, skills, and values, and provides information about how to use this self-knowledge to make career and academic choices. This is an interactive, discussion-based workshop that includes assessments and take-home activities to help you explore how majors, careers, and the person you are relate to each other and the world of work. *You must be able to attend all four sessions.*

Wednesdays, Oct. 28, Nov. 4, Nov. 11, and Nov. 18 3:30-5:00 pm

Careers in Physical Therapy: Are you curious about the profession of physical therapy? Have you heard of a Doctor of Physical Therapy professional degree? Reenie Euhardy, from UW's Dept. of Physical Therapy, will talk about the various aspects of physical therapy practice and the educational paths to becoming a physical therapist.

Monday, October 12 3:30-4:30pm

Careers in Medicine: Considering a career in medicine? Come and learn more about what it means to be "Pre-Med." Also, get suggestions for linking to health professions websites and learning more about careers in medicine.

Tuesday, October 20 Noon-1:30pm

Careers in the Helping Professions: Do you think you'd like a career where you help others, but aren't sure what your options are? Learn about the variety of helping careers that exist and discover ways to figure out which is the best for you.

Monday, November 30 3:30-5:00pm

Careers in Writing: Do you have a way with words? There are many more professions that involve writing than just journalist and novelist. Come to this workshop/panel discussion and discover the different ways you can put your writing talents to use. This workshop features a panel of *real* writers to answer your questions about planning for a career in writing!

Wednesday, December 2 3:30-5:00pm

All workshops are free, but space is limited so sign up soon!

To sign up, call **265-4497** or stop by the EC today!

The Exploration Center for Majors and Careers

Room 6 Ingraham Hall